



ESTOVER SURGERY

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Autumn 2013

Practice Manager: Samantha Richards

FLU SEASON

Flu season is here again, if you fall within any of the following categories please contact the surgery and arrange your flu vaccination appointment in one of our flu clinics:

PREGNANT WOMEN – Not in an at risk group

ALL PATIENTS 65 YEARS AND ABOVE—including those patients turning 65 by 31.3.14

6 MONTHS – 65 YEARS IN AN AT RISK GROUP

AT RISK GROUPS:

- COPD
- **ASTHMATICS** – If on 2 inhalers or if admitted to hospital
- **HEART PATIENTS** – Including Stroke, TIA
- **RENAL PATIENTS (CKD)**
- **LIVER DISEASE**
- **ALL DIABETICS**
- **IMMUNOSUPPRESSED** – including family members living at same address
- **CHEMOTHERAPY** – If still under going treatment
- **HIV PATIENTS**
- **SPLENECTOMY**



CARERS – Registered Carers within the practice

Any patient's employed as a carer is to be vaccinated by their employer/occupational health team

RISK OF SERIOUS ILLNESS FROM FLU ITSELF OR INFLUENZA EXACERBATING ANY UNDERLYING DISABILITY

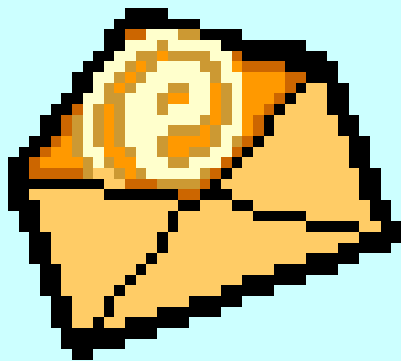
LONG STAY CARE FACILITIES – This does not include prisons, young offenders institutes or University Halls of Residence

Mobile Numbers and Email Addresses

We are using the text messaging service to remind you of an appointment you have booked with the surgery. Please can you ensure we have your correct mobile number in order for you to receive a text message reminder. If you would like to opt out of this service please inform reception.

Please can you inform reception of your email address if you have one in order to keep your records up to date.

Thank you



DATA SHARING

Information about you and the care you receive is shared, in a secure system, by healthcare staff to support your treatment and care. Information such as your postcode and NHS number, but not your name will be used to link your records in a secure system so your identity is protected.

It is important that we, the NHS, can use this information to plan and improve services for all patients. If you do not want information that identifies you to be shared inform reception who will make a note on your records. For further information please go to www.nhs.uk/caredata

CHILDREN'S FLU VACCINATIONS

This year all 2-3 year olds are eligible for protection against flu. This is in the form of nasal drops. If your child is born between 2.9.2009 and 1.9.2011 and you would like them to have the vaccination please contact reception to arrange an appointment in the specific flu clinic

Welcome

We would like to welcome Emma who has joined us within the receptionist team. At the same time we would like to welcome back Rachel from Maternity Leave