



ESTOVER SURGERY

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Spring 2010

Practice Manager: Samantha
Richards

OPEN SURGERIES

After a successful trial period Dr Olaiya has decided to keep with the open surgeries on a Tuesday and Thursday morning, on his return from annual leave on Thursday 29th April.

Please arrive between 8.30—10am to place your name on Dr Olaiya's list but please be aware surgery begins from 9am.

PROTECTED TIME MEETINGS

Four times a year the practice will close for an afternoon in order to implement staff training. The dates for this are:

Wednesday 16th June 2010

Wednesday 13th October 2010

Wednesday 15th December 2010

Wednesday 16th February 2011

The surgery will be closed from 1pm. During this time Devon Doctors will provide emergency cover if required.



CARER'S

Are you a carer? Do you care for someone on a daily basis? If the answer is yes please let us know as there is help available if you require it. Referral forms are available for the carer's support group in Plymouth. They are there to support and help you. A carer can be of any age, some children may be carers also, if you know of a child who is a carer encourage them to let us know as there is a support group for young carers also, this is based at The Zone. Plymouth Carers Support Service can be contacted on 01752 201766

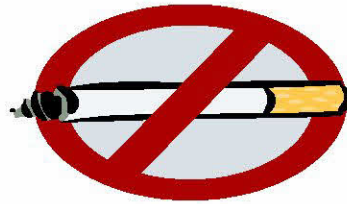
SMOKING—THE KILLER WEED

Everyone knows about the link between smoking and lung cancer and that their smoking could cause illnesses like heart disease and emphysema and other cancers.

What about the passive smokers? Most adults can avoid passive smoking but children cannot escape it's harmful effects.

Children of smokers are more likely to develop asthma, tonsillitis and ear infections and will miss twice as many school days than children where the parents do not smoke.

We can assist you in giving up smoking, just ask at Reception, but if you can't stop then please don't smoke in the home.



YOUR DETAILS

Have you recently moved or changed your contact number? If so please remember to let us know so we can keep your records up to date.



HELLO & GOODBYE

Firstly we would like to say farewell to Wendy who left our reception team in April. She will be greatly missed but we wish her well.

Secondly, we would like to introduce Charlotte who has replaced Wendy as our new receptionist.

PATIENT APPOINTMENTS

Patients can book an appointment which is for 10 minutes for the Doctor. This is just enough time to deal with one problem. If you have more than one problem then please book a double appointment or make further appointments.

This will help prevent surgeries from running late.

Please make sure that you attend a booked appointment. If the appointment is no longer needed then please cancel it in good time so that someone else may use it.

IF YOU ARE MORE THAN 10 MINUTES LATE FOR AN APPOINTMENT YOU MAY NOT BE SEEN AND WOULD HAVE TO BOOK A FURTHER APPOINTMENT.

